

## **Career Growth Programme: We take care of your career! (24 hours workshop)**

### **Workshop Agenda**

This 24 -hour workshop is divided into 8 hours x 3 days.

- **Emotional Intelligence (2 hours):**
  - Understanding aspects of Emotional Intelligence.
  - Understanding self-awareness, empathy, social-awareness, self-regulation, self-motivation
  - Case studies and psychometric tests to assess EI.
  
- **Critical Thinking (2 hours):**
  - Difference between critical thinking and other types of thinking.
  - Critical thinking and its areas of business.
  - Steps to use critical thinking.
  - Building critical-thinking skills.
  
- **Problem Solving (2 hours):**
  - Skills needed for problem solving.
  - Steps in problem solving
  - Problem solving exercises
  
- **Strategic Leadership (2 hours):**
  - Types of Leadership
  - Skills and qualities of a good leader
  - Principals of real-life leadership

## Workshop Agenda (Continued)

- **Business Communication (2 hours):**
  - Sections of business communication
  - Categories of business communication
  - Principals and methods of business communication
  
- **Criticism Management (2 hours):**
  - Understanding criticism and its different forms.
  - Learning strategies to manage their emotional and behavioural response to criticism.
  - Developing skills to extract valuable insights from feedback.
  - Creating an action plan to address constructive criticism
  
- **Presentation (2 hours):**
  - Types of presentations
  - Tips to deliver presentation techniques
  
- **Facilitation (2 hours):**
  - Different roles of a facilitator
  - Responsibilities of a facilitator
  - Importance of facilitation/facilitator

### **Workshop Takeaways:**

- Gain hands-on experience through case studies and group activities.
- Earn a certificate of completion upon successful participation.

### **Who Should Attend?**

- Level 2 corporate employees
- Level 1 corporate employees
- Freshers
- Anyone from the corporate sector who wants to boost their career

### **Deliverables:**

- Certificate of Completion - Physical + LinkedIn
- Workbook exercises, pre-tests, evaluation sheets
- Psychometric test results

### **Register Now!**

Limited seats available – to ensure quality training!

Register & Pay to book your slot: <https://rzp.io/i/rvNODCo>

Don't miss this opportunity to gain valuable skills and knowledge to be a master communicator and mediator!

**RGB Training Services: ISO 29993:2017 Certified Company**

Gujarat – Vadodara; Maharashtra – Pune

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